



**BOYS & GIRLS CLUBS  
OF NORTHERN RHODE ISLAND**

# Athletics Department



SCAN ME

## About Us!

Our mission is to enable all young people, especially those who need us most, to reach their full potential as productive, caring, and responsible citizens.

## Contact Us!

-  401-333-4850
-  [athletics@bgcnri.org](mailto:athletics@bgcnri.org)
-  [www.bgcnri.org/athletics](http://www.bgcnri.org/athletics)

## SOCIAL MEDIA



**JOIN  
TODAY!**

## Annual Membership Info

\$35 Youth Membership  
\$50 Family Youth Membership

Receive \$20 off each program and  
access to Sandlot Sports

# BASKETBALL

## CLINICS

- **About**
  - 6 weeks
  - Skills Clinic
- **Age Groups**
  - Girls
    - K - 8th
  - Boys/Coed
    - Pre-K - 8th
- **Season**
  - April - May
  - September - October



## LEAGUES

- **Winter**
  - Nov - Feb
  - 8-10 Week Season
  - Ages 3 - 8th Grade
  - Players receive a t-shirt for all age groups
- **Summer**
  - July - Aug
  - 7 Weeks
  - k - 8th
  - Player receives a t-shirt for all age groups

## CAMPS

- **When?**
  - Feb. Vacation
  - Summer Camp
- **Age Groups**
  - 2nd-8th Grade

*3 Hours per day dedicated to learning skills and scrimmaging*





# FLAG

# Football

## CAMPS

- **When?**
  - April Vacation
  - Summer Camp
- **Age Groups**
  - 10U & 12/14U

*3 Hours per day dedicated to learning skills and scrimmaging*

## LEAGUES

- **Winter**
  - Nov - Feb
  - 8-10 Week Season
  - 8U/10U/12U/15U
- **Spring**
  - Apr - Jun
  - 8 Week Season
  - 6U/8U/10U/12U/15U
- **Summer**
  - July - Aug
  - 7 Weeks Season
  - 8U/10U/12U/15U

*ALL PLAYERS RECEIVE  
REVERSIBLE NFL FLAG JERSEY  
AND FLAG BELT*

## TRAVEL

- **BGCNRI Raptors**
  - Jan - Nov
- **Age Groups**
  - 10U/12U/14U/15U

Play in local leagues and tournaments across New England



# Soccer

## CAMPS

- **When?**
  - Summer Camp
- **Age Groups**
  - 9U

*3 Hours per day dedicated  
to learning skills and  
scrimmaging*



## LEAGUES

- **Winter**
  - Feb - Mar
  - 6 Week Season
  - U6/U8/U11
- **Spring**
  - Apr - May
  - 6 Week Season
  - U6/U8/U11

Player receives a t-shirt for all  
age groups



# Street Hockey

## LEAGUES

- **Fall**
  - Sept - Oct
  - 6 Week Season
  - 9U/12U
- **Winter**
  - Feb - Mar
  - 8 Week Season
  - 9U/12U
- **Summer**
  - July - Aug
  - 7 Weeks Season
  - 9U/12U



## CLINICS

- **About**
  - 6 weeks
  - Skills Clinic
- **6U Instructional**
- **Season**
  - Feb - Mar





# Volleyball

## CLINICS

- **About**
  - 6 weeks
  - Skills Clinic
- **Age Groups**
  - 9 to 11
  - 12 to 14
- **Season**
  - Sept - Oct
  - Feb - Mar



## LEAGUES

- **Fall**
  - Sept - Oct
  - 6 Week Season
  - 9 to 14 Years Old
- **Winter**
  - Feb - Mar
  - 7 Week Season
  - 9 to 14 Years Old
- **Summer**
  - July - Aug
  - 7 Weeks Season
  - 9 to 14 Years Old

## DROP-IN

- **About**
  - Drop-in scrimmages for BGCNRI Members
- **Age Groups**
  - 9 to 12
  - 13 to 17
- **Offered throughout the year**



# T-Ball

## SPRING LEAGUE

- **About**

- 6 weeks
- May - June

- **Age Groups**

- 3-4 Year Old
- 5 Year Old

- **Structure**

- Meet twice per week
- Games Sat.
- Weeknight Practices



## FALL LEAGUE

- **About**

- 6 weeks
- Sept - Oct

- **Age Groups**

- 3-4 Year Old
- 5 Year Old

- **Structure**

- Meet once per week
- Practices into Gameplay



# Lacrosse

## CLINICS

- **About**
  - 6 weeks
  - July - Aug
  - Sept - Oct
- **Age Groups**
  - 1st to 3rd Grade
  - 4th to 8th Grade
- **Structure**
  - Meet once per week



## LEAGUES

- **Fall**
  - Sept - Oct
  - 6 Week Season
  - 1st Grade to 8th Grade
- **Winter**
  - Feb - Mar
  - 8 Week Season
  - 1st Grade to 8th Grade
- **Summer (Pick-Up)**
  - July - Aug
  - 7 Weeks Season
  - 1st Grade to 8th Grade



# DODGE BALL

## TOURNAMENTS

- **About**
  - 1 Day Tourney
  - 3 Game Minimum
- **Age Groups**
  - 12U
  - 15U
- **When?**
  - Winter Break
  - February Break



## LEAGUES

- **Fall**
  - Sept - Oct
  - 6 Week Season
  - 9U/12U/15U
- **Winter 1**
  - Nov - Jan
  - 8 Week Season
  - 12U/15U
- **Winter 2**
  - Feb - Mar
  - 6 Week Season
  - 12U/15U

# Ultimate Frisbee

## CLINICS

- **About**
  - 6 weeks
  - Learn-to- Play Clinic
- **Age Groups**
  - 8 to 11
  - 12 to 15
- **Season**
  - Feb - Mar
  - July - Aug
  - Sept - Oct

## LEAGUES

- **Winter**
  - Feb - Mar
  - 6 Week Season
  - 8 - 15 Years Old
- **Summer**
  - July - Aug
  - 7 Week Season
  - 8 - 15 Years Old
- **Fall**
  - Sept - Oct
  - 6 Weeks Season
  - 8 - 15 Years Old

## DROP-IN

- **About**
  - Drop-in scrimmages for BGCNRI Members
- **Age Groups**
  - 8 to 11
  - 12 to 15
- **Offered throughout the year**



# Sandlot Sports

## Sports Offered

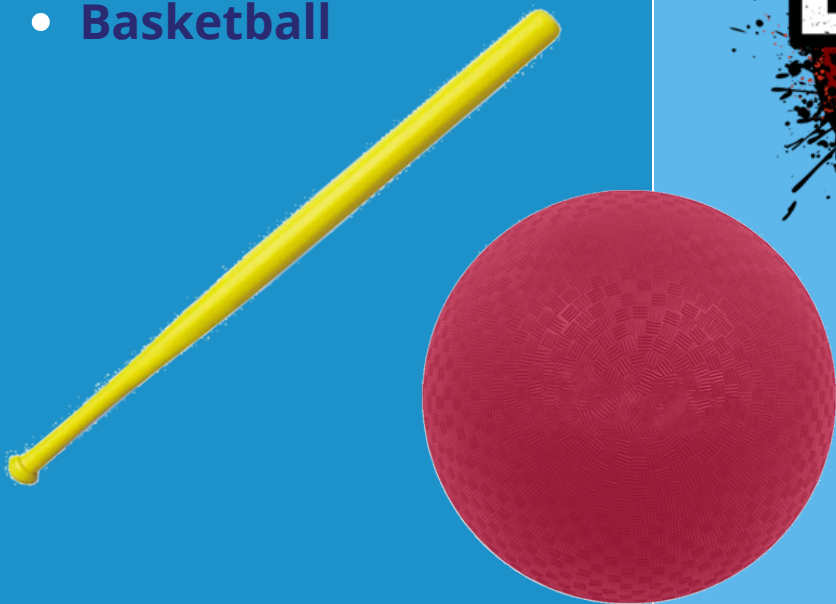
- Ultimate Frisbee
- Dodge Ball
- Wiffle Ball
- Volley Ball
- Kickball
- Flag Football
- Soccer
- Basketball

## When?

- Winter Vacation
- February Vacation
- April Vacation
- Summer Evenings

## More Info!

- **About**
  - For BGCNRI Members
- **Age Groups**
  - 8 to 11 years old
  - 12 to 15 years old



## Annual Membership Info

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Receive \$20 off each program and  
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